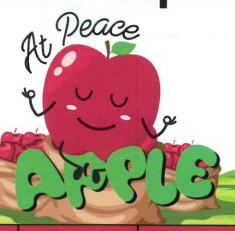
# Pine Grove Area School District Elementary Lunch Menu

# September 2025





Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL	Cheese Steak Sandwich	Pizza	Chicken Patty on a Roll	Chili with Cheese, Chips
	Or	Or	Or	Or
LABOR DAY	Cheeseburger	Cheeseburger	Turkey Hoagie	Turkey Hoagie
	FEATURED VEGGIES Tator Tots Fresh Pepper Strips	FEATURED VEGGIES Chips Fresh Veggies	FEATURED VEGGIES Parsley Potatoes Steamed Green Beans	FEATURED VEGGIES Fresh Salad Steamed Corn
8	9	10	11	12
Hamburger	Breakfast Sandwich	Pizza	Popcorn Chicken	Chicken Tenders
Or	Or	Or	Or	Or
Turkey Hoagie	Turkey Hoagie	Turkey Hoagie	Chef Salad	Chef Salad
FEATURED VEGGIES Hash Brown Fresh Celery Sticks	FEATURED VEGGIES  Tator Tots  Fresh Pepper Strips	FEATURED VEGGIES Chips Fresh Veggies	FEATURED VEGGIES Mashed Potatoes Steamed Corn	FEATURED VEGGIES Au Gratin Potato Fresh Cucumber Slices
15	16	17	18	19
Meatball Sub Or Chef Salad	Hot Turkey Sandwich Or Chef Salad	Pi <i>z</i> za Or Chef Salad	Fish Sticks Or Meat Sandwich	Soft Shell Tacos Or Meat Sandwich
FEATURED VEGGIES Hash Brown Fresh Carrot Sticks	FEATURED VEGGIES Mashed Potatoes Steamed Corn	FEATURED VEGGIES Fresh Salad Fresh Veggies	FEATURED VEGGIES Steamed Rice Fresh Broccoli	FEATURED VEGGIES Ranch Refried Beans Fresh Carrot Sticks
22	23	24	25	26
Chicken Parmesal	Hot Dog on a Roll	Pizza	Chicken Patty on a Roll	Cheesy Pizza (V)
Or	Or	Or	or	or
Meat Sandwich	Meat Sandwich	Meat Sandwich	Meat Sandwich	Meat Sandwich
FEATURED VEGGIES Spaghetti Steames Peas	FEATURED VEGGIES Tator Tots Fresh Celery Sticks	FEATURED VEGGIES Chips Fresh Veggies	FEATURED VEGGIES Steamed Tomatoes Apple Cider Slaw	FEATURED VEGGIES Steamed Green Beans Baby Carrots
29	30	1	2	3
Chicken & Mashed Potato Bowl with Roll or Meta Sandwich	Soft Tacos Or Meat Sandwich	Macaroni and Cheese Or Meat Sandwich	Hot Dog on a Roll Or Meat Sandwich	Pi <i>z</i> za or Meat Sandwich
FEATURED VEGGIES  Mashed Potatoes  Baby Carrots	FEATURED VEGGIES Latin-Inspired Beans Tomato Salad	FEATURED VEGGIES StewedTomatoes Fresh Cucumber Slices	FEATURED VEGGIES Steamed Corn Romaine Salad	FEATURED VEGGIES Diced Tomatoes Roasted Zucchini

# What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

#### Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

#### Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

#### Choice of Milk

1% white, fat-free white, fat-free cho∞late, fat-free vanilla, fat-free strawberry

# **Daily Alternates**

Fresh Entree Salad of the Week Craveables

Weekly Cold Cut Sandwiches & Wraps

#### (V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

#### (VG) Vegan

These items do not ∞ntain any animal products



# **Your Team**

Bernie Kelly, General Manager 570-345-2731 ext. 357 bkelly@pgasd.com

### **Meal Prices**

Student Lunch \$2.55 Reduced Lunch \$0.00 Faculty Lunch \$4.00

